

# WHEN TRAUMA MEETS INJURY

Navigating the Overlap of Post-Traumatic Stress Disorder (PTSD) and Brain Injury

JANUARY 21, 2026

12:00 - 1:30pm ET



## OVERVIEW

According to recent studies, approximately **5% of adults in the US experience PTSD each year** ([VA.gov](https://www.va.gov)), and an estimated **6.8% will develop PTSD at some point in their lives** (National Institute of Mental Health). Women are more likely to develop PTSD than men, and veterans have the highest rates of prevalence. Lifetime prevalence of TBI among adults is estimated at 18.2% (Karamian A, Lucke-Wold B, Seifi A, 2024) and **individuals with TBI, particularly those resulting from trauma, are at increased risk for PTSD.**

This webinar will present an overview of PTSD, explore how PTSD and brain injury intersect in adults, and highlight critical differences between the two. **Designed for brain injury program staff and other community providers**, this session will help participants strengthen understanding, improve treatment strategies, and promote integrated, person-centered care.

## PRESENTERS

### DR. CARRIE ESOPENKO



Associate Professor and Co-Director of the Traumatic Brain Injury and Concussion Center in the Department of Neurology at the University of Utah

### DR. DAVID F. TATE



Adjunct Associate Professor in the Department of Neurology at the University of Utah School of Medicine

**FREE TO ATTEND!**

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